

Who Should Take the Course:

Fire Personnel

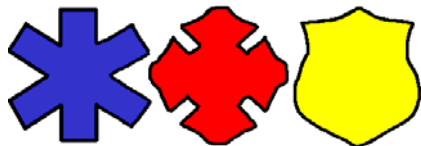
Rescue Personnel

Law Enforcement

**Emergency/Critical
Care RNs & MDs**

Chaplains

**Mental Health
Professionals**



Syllabus:

October 13 (8:30 a.m. - 5:00 p.m.):

General, cumulative, critical incident stress and PTSD

High risk populations: emergency services, military, other

'Critical Incidents' - death, injury, threat, terror, etc.

Critical Incident Stress Management (CISM) fundamentals

Core intervention tactics

Demobilization

Defusing of small groups

October 14 (8:30 a.m. - 5:00 p.m.)

Defusing Demonstration

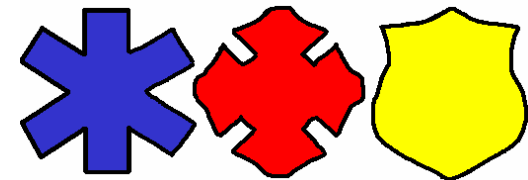
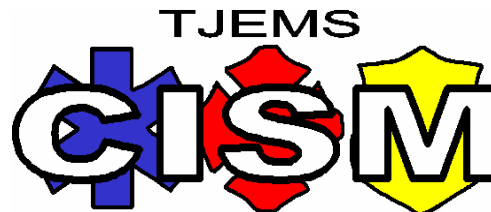
Essentials of group intervention, Critical Incident Stress Debriefing (CISD)

Assessing the need for CISD

Factors which enhance CISD success

Question / Answer

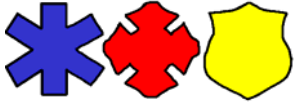
*Sponsored by:
Thomas Jefferson EMS
Council
Virginia Office of EMS*



**Critical Incident
Stress
Management
Class**

**October
13-14,
2007
0830-1700**

*Place:
Martha Jefferson
Outpatient Care
Center
595 Peter Jefferson Parkway
(Directions upon Request)*



What does the CISM Team do?

The CISM team responds 365 days a year to emergency medical services, fire and police personnel after being involved in a critical incident that has caused them stress. Team members provide pre-incident education and post-incident defusing, demobilization and debriefing.

What is a critical incident?

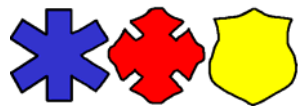
- ❖ Death or injury of a co-worker
- ❖ Death or injury of a child
- ❖ Mass casualties
- ❖ Prolonged events
- ❖ Suicide
- ❖ Disasters
- ❖ Threats to EMS worker's safety

This two-day course, consisting of the basic CISM curriculum, has been state approved. Topics include identification and management of stress, types of critical incidents, team organization and defusing techniques.

A certification for successful completion will be issued by the Virginia Department of Health's Office of EMS and EMS providers certified in Virginia will receive continuing education credits (CEU's)

This course is limited to a maximum of 25 registrants.

For more information contact:
Thomas Jefferson EMS Council
(434) 295-6146



Registration Form

Registration Fee: \$25

Check or Money Order Only

Please make checks payable to: TJEMS

(Must be received by October 1, 2007)

Please mail or fax to:

Thomas Jefferson EMS Council

Attn: CISM Team

2205 Fontaine Avenue, Suite 302

Charlottesville, Virginia 22903

Fax: (434) 295-2009

Name _____

Work Phone _____

Home Phone _____

Street _____

City _____

State _____

Zip _____

E-mail Address _____

Emergency Service Affiliation _____

(EMS, Fire, Police, Mental Health, Nurse, Physician)